



What's Up? is a newsletter of the Centre for Multicultural Pastoral Care. It provides A GLIMPSE of recent, current and forthcoming events in multicultural and cross cultural pastoral care in the Archdiocese of Brisbane and beyond. P: (07) 3324 3451 | E: cmpc@bne.catholic.net.au
www.multiculturalcare.org.au

What's Up?

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An update on staffing structure

With new leadership at **Evangelisation Brisbane** came the opportunity to develop a staffing structure that recognised the focus areas of our team as well as providing a middle level of leadership – Associate Directors – to oversee these key areas. The existing operations of the office naturally fell into six categories: **Children and Family, Youth, Adult Formation, Inclusion, Parish Leadership** and **Santa Teresa Spirituality Centre (STSC)**.

As such, the ministry of **Multicultural Pastoral Care** now sits within the area of **Inclusion**, alongside other ministries including **Ecumenism & Inter-religious Relations**, our **Reconciliation Action Plan initiative** and **Justice, Peace & Ecology**. That is to say, we see the ministry of multicultural pastoral care as a key strategy to engage, understand, include and welcome people of all nationalities, and we are so appreciative of our Community Chaplains who make this ministry possible.

The new Associate Director, Inclusion is Eric Robinson who will work with Jessica Laidler and Percy Pamo Lawrence to oversee the continuation of multicultural pastoral care across the Archdiocese.

It is always a beautiful thing to see how Christ's body, our Eucharistic centre, continues to draw together and unite people of every tribe and nation.



In Christ,
Dcn Peter Pellicaan
Executive Director, Evangelisation Brisbane

EVANGELISATION BRISBANE

MISSION:

Evangelisation Brisbane exists to inspire and empower parishes and communities to encounter Jesus and live the joy of the gospel.

VALUES:

In all things, Evangelisation Brisbane aspires to be:

- **Christ-centred** (Mission-oriented, Intentional)
- **Authentic** (Integrous, Respectful)
- **Inclusive** (Accompanying, Compassionate, Relational)
- **Innovative** (Excellent, Creative, Solutions Focussed)
- **Joyful** (Energetic, Positive, Fun)
- **Humble** (Always Learning, Listening and Serving)

<http://evangelisationbrisbane.org.au/>

The Centre for Multicultural Pastoral Care (CMPC) is an ecclesial agency of the Catholic Archdiocese of Brisbane that responds to and advocates for the needs and concerns of migrants, refugees, refugee claimants and people on the move regardless of their race, creed or nationality.

www.multiculturalcare.org.au

2020 DATE CLAIMERS

| | |
|---------------------|---|
| 21 March | International Day for the Elimination of Racial Discrimination Harmony Day (Australia) |
| 20 June | World Refugee Day |
| 27 September | World Day for Migrants and Refugees Archdiocesan Multicultural Mass (Cathedral of St Stephen, Brisbane 2:30pm) |
| 18 December | International Migrants Day |

Community Chaplains Group : *What we did last Christmas*



There is always time for a group Christmas photo: From left, Dcn Peter Pellicaan (EB/CMPC), Fr Stephen Kumyangi (South Sudanese), Fr Davor Dominovic OFM (Croatian), Fr Noor Alcasmousa (Syriac Catholic), Fr Abraham Kazhunadiyil (Indian Syro Malabar), Fr Ignacio Guitierrez CS (Latin American), Fr Varghese Vavolli (Indian Syro Malabar), Fr Gregory Gawel SChr (Polish), Archbishop Mark Coleridge, Sr Rosa Vazzano fdcc (emerging communities Woodridge), Fr Fadi Salame (Lebanese Maronite), Fr Elie Francis (Lebanese Melkite), Fr Angelo Cagna CS (Italian), Fr Prem Rethnamony (Syro Malankara), Percy Pamo Lawrence & Jessica Laidler (CMPC/EB), Fr Martinus Situmorang OFM Cap (Indonesian), Sr Odete Moreira fdcc (Timor Leste) and Fr Albert Chan MSC (Chinese).



Community Chaplains (Chaplains, Parish Priests and Pastoral Ministers) in the Archdiocese of Brisbane and the staff of Centre for Multicultural Pastoral Care enjoyed a sumptuous Christmas lunch provided by the rostered month's meeting host, Fr Fadi Salame of the St Maroun's Maronite Parish Community in Greenslopes.

The Christmas lunch wrapped up the Group's 6th and last meeting for the year. This was held on 19

December 2019. The meeting and Christmas gathering was graced by the presence of Archbishop Mark Coleridge. On this day, two Canossian Sisters, Sr Odete Moreira fdcc and Sr Rosa Vazzano fdcc were farewelled by the Group.

Sr Odete (inset photo on right), cross cultural pastoral minister who ministered with the Timor Leste and South Sudanese communities in Brisbane moved to Darwin early this year to look after the larger Timorese

community there. Sr Rosa (Inset photo, middle) cross cultural pastoral minister who ministered with the newly arrived migrants in Woodridge (Africans, Burmese and Sri Lankans) moved to Adelaide in January this year to minister with migrants in a local parish.

This year, the Chaplains' February meeting was hosted by the Syro Malabars in Northgate. Photos and updates next issue.

- Percy

A Welcoming Parish

"Towards the end of last year, Dorrington Parish held a 'One Family, One Community' Christmas Mass at St Michael's War Memorial Church on December 22nd.

The community of Dorrington Parish had a very specific purpose for this celebration, to rejoice the coming of Christ with people from every walk of life. The mass saw attendance of people from all different cultures, ranging from, Columbia to Fiji, Sudan to Iraq, Burundi to Ireland and many more.

Parish priest, Fr Tom Kessy, concelebrated the mass with Fr John Khoai and Fr. Ignacio Gutierrez, they were also assisted by Deacon Ivan Ortiz. Many members of the congregation commented on how touching it was to see all the different nationalities enjoying the celebration and singing the hymns in their own language.



Dorrington Parish has been on an on-going journey towards becoming a more welcoming Church to people from all different cultures.

This Christmas celebration is just one example of how the Parish is opening their doors to people from all walks of life. Dorrington Parish's commitment



to inclusivity is a journey we encourage all parishes, who are not already, to embark on."

Jessica Laidler
Multicultural Projects and Research Officer

A TASTE OF HARMONY :

Embracing Cultural Diversity at Work

A Taste of Harmony is a Scanlon Foundation initiative that began in 2008. This will take place in the week of 16–27 March, 2020.

This initiative occurs around the same week as Harmony Week, 15-21 March, which is held in observance of United Nations' International Day for the Elimination of Racial Discrimination (21 March) and Australia's Harmony Day.

A Taste of Harmony aims to encourage Australian workplaces with the opportunity to celebrate the diversity in their workforce. A day is chosen where workers are encouraged to bring a dish that represents their cultural background or a culture that they find interesting. Workers are encouraged to share stories of their cultural background.

In 2013, the Centre for Multicultural Pastoral (CMPC) registered to take part in this initiative and organised its first A Taste of Harmony lunch in the kitchen of the old Catholic Centre (now Penola Place) in Brisbane CBD.

This practice continued wherever CMPC moved – from Penola Place in the City to MacKillop Place in Rosalie, back to Penola Place and now in the current office of Evangelisation Brisbane on Level 1 of Francis Rush Centre, Brisbane CBD.

We hope to continue this practice and this year our A Taste of Harmony lunch will be held on the 19th of March during Harmony Week.

Workplaces in the Archdiocese of Brisbane that are planning to organise a simple gathering are encouraged to register with A Taste of Harmony www.tasteofharmony.org.au/

A Taste of Harmony has recently produced **10 fact sheets** to help support workplaces in embracing cultural diversity at work. Fact Sheet #8 appears on this page. A complete set of 10 fact sheets will be available on the ATOH website in mid March. For more information, contact ATOH project manager Sally Tyrrell on contact@tasteofharmony.org.au.



Above: A Taste of Harmony lunch in March last year organised by Evangelisation Brisbane's multicultural pastoral care team.

FACT SHEET # 8: Nurturing a Learning Culture

Jacky has noticed that in team meetings Abad, who joined the team a few months ago, rarely contributes. His contributions seem not to be heard when he does. He's actually their expert in a key area, yet his opinion is rarely sought. When he speaks, he's more likely than anyone else to be spoken over, and once he's finished, the conversation moves to a new topic. Jacky has noticed, somewhat uncomfortably, that the team tends to discuss matters that are in Abad's area without bothering to ask for his input.

Jacky is frustrated by this pattern. It's not clear whether Abad wants to contribute or not. Jacky approaches him outside of the team meeting to discuss options for a new project. She's excited after their conversation. Abad has an amazing idea on the spot that would halve the time it took to complete the first phase of this new project.

Jacky asks Abad how he finds the team meetings. He admits they're challenging to him. It feels a bit hostile and he's not used to that. She asks him how she can help him to be more comfortable in team meetings

and also contribute his great ideas more often? She is also concerned that he may feel that he is being discriminated against or even harassed. They have a warm discussion about better options for participating in the team meeting.

Why asking more questions matters

It's disempowering to feel left out, and potentially discriminatory. People from different cultures can use a lot of energy trying to read group dynamics. On the other hand, it's very empowering when people take the time to find out about your experiences and to discover ways for you to contribute at your best. By being curious and asking questions we find out more about others, and deepen our understanding. This takes empathy to the next stage. Make the conversation rewarding, as Jacky did, rather than confrontational. Then we increase the chance of future conversations about differences and how to work together.

Possible actions

1. Ask questions when you don't understand what's happening: "I'd like to know more about..."

(Continued on page 8)

We Remember a Woman of Wisdom

We mourn the passing of a legend — **Aunty Joan Hendriks**.
May she rest in peace.
Her gentle character and deep wisdom enriched those of us who work in the area of multicultural pastoral care in the Archdiocese of Brisbane.

My introduction to the Aboriginal and Torres Strait Islander culture was through a workshop/seminar facilitated by Aunty Joan Hendriks (we called her 'Joan' in those days) who was then coordinator of Churches Together Aboriginal Partnership. This was in 1999 when our office organised a professional development day for staff and volunteers at St Francis Theological College in Milton.

Sr Joan Murphy RGS (CTAP Research and Resource Worker) accompanied Aunty Joan and our staff in this experience.

The learnings from this encounter, for me, was timely and necessary. It was then my 6th year of settlement in Australia and the only information I had at the time about Aboriginal and Torres Strait Islander people is



Joan Hendriks (4th from left) enjoyed light moments with CMPC staff, volunteers and refugee friends during a staff pilgrimage to Grandchester in Rosewood Parish in April 2000. Rosewood parish priest was then Fr Charlie Casey (5th from right) .

witnessing some of their struggles in the streets of Fortitude Valley.

Most of the CMPC staff and volunteers in those days were from countries other than Australia and we did not know much about the First Nations People's history. I remember attending an Aboriginal and Torres Strait Islander event in Musgrave Park as a follow up

immersion experience. The whole process was truly an eye-opener for all of us, and from there we were able to share this knowledge with other migrants and refugees.

From that staff development day experience in 1999, Joan Hendriks remained a close CMPC contact. Our leadership during those years ensured consultations with and involvement of Joan, particularly during the presentation and promotion of *We Are One Body* (guidelines on multicultural pastoral care in the Archdiocese of Brisbane) in parishes and archdiocesan agencies in the early 2000s.

In July 2005, the staff of CMPC shared morning tea with Joan as she finished her role with Churches Together Aboriginal Partnership, having led its work for a productive ten years.

Here, I include Jose Zepeda's (CMPC Director 1994 to 2005) tribute to Aunty Joan Hendriks:

(Continued on page 8)



Joan Hendriks (seated, middle) with office staff of Catholic Mission and Catholic Immigration Office in Catholic Centre (now Penola Place).

Permission to print photos obtained from Sonja Carmichael, Aunty Joan's daughter.

ABC Radio National 'Ageing well in a foreign land'

The University of Queensland (UQ) partnered with Diversicare to conduct the Australian Research Council funded research project, *Ageing Well in a Foreign Land: Identity, Social Connectedness, Well-being*. Diversicare has collaborated with academic researchers at UQ since September 2016 to research and understand the best approaches to help older people from (CALD) backgrounds to adjust socially and

culturally in Australia, reduce social isolation, and enhance their well-being.

On Life Matters, Radio National UQ Professor and Social Psychologist, Jolanda Jettens spoke with Michael Mackenzie about the findings of the research study. She touches on the tremendous health benefits of increasing wellbeing through social connections and restoring cultural



continuity – connecting the past to the present. To listen to the program 'Ageing well in a foreign land' (13 min) Click [HERE](#) (Source: ECCQ News)

QPASTT Professional Development Calendar 2020

The Queensland Program of Assistance for Survivors of Torture and Trauma (QPASTT) provides flexible and culturally sensitive services to promote the health and well being of people who have been tortured or who have suffered refugee related trauma prior to migrating to Australia. QPASTT provides services which address the range of physical, psychological and social needs that survivors of torture and trauma have. All services are free and confidential. QPASTT training sessions have been developed to support services and people interested in working with people from refugee backgrounds. Their training is designed to enable those services to gain a better understanding of the experiences that this client group goes through prior to their arrival in Australia, and the impact of torture, trauma and settlement on their lives. Below is their calendar for the first half of 2020.



2nd April - Understanding the Asylum Seeker Experience in the Current Context

This introductory workshop has been developed to give participants an understanding of the asylum seeker experience and the impact of torture, trauma, detention and ongoing uncertainty on individuals. The workshop will include discussion around the impact of current application processes and strategies to support people seeking asylum during this period.

The training will provide tips and strategies to deal with disclosures of asylum seeker related torture and trauma, and how to support in the difficult and uncertain context for this client group. This workshop will also provide an understanding of the concepts of Vicarious Trauma (VT), Compassion Fatigue and Burnout. Participants will learn to identify the warning signs and how work in the area of trauma can cause these responses; and ways to prevent and address Vicarious Trauma and Burnout. This is an interactive workshop that may include case scenarios, peer reflection and discussions.

This workshop has been developed for volunteers and support workers who are not trained as counsellors or advocates working full time in the asylum seeker space.

7th May - Responding to and Managing Challenging and High Risk Behaviour in Young People from Refugee Backgrounds

This advanced level workshop has been developed to give participants a greater understanding of ways to appropriately support young people from a refugee background who are displaying complex behaviours, such as suicidal ideation and self-harm, risky sexual behaviour, aggressive behaviour and/or use of alcohol and other drugs, including self-medicating etc.

Throughout this workshop, there will be a focus on the recognition of trauma and its impact on young people. Techniques and frameworks around suicide prevention, modified DBT, mindfulness and relaxation specifically with young people from refugee backgrounds will be explored. Participants will be given the opportunity to unpack the neurobiological impact, as well as safety planning, risk management and

harm minimisation approaches when working with young people. This workshop aims to be interactive and will include small group discussion and reflection.

This workshop is a higher level workshop appropriate for people working clinically with young people from a refugee background.

4th June - Vicarious Trauma, Burnout & Self-Care

This half day workshop will provide an understanding of the concepts of Vicarious Trauma (VT), Compassion Fatigue and Burnout. Participants will learn to identify risk factors and the warning signs in themselves and colleagues; why and how work in the area of trauma can cause these responses; and ways to prevent and address Vicarious Trauma and Burnout. This workshop is interactive and will include individual and small group reflection.

This workshop is appropriate for anyone who is involved in supporting traumatised people from refugee backgrounds.

For a complete list, visit the QPASTT website <https://qpastt.org.au/>

Cultural Expressions of Faith : Catholic Cultural Communities

Visit Days of Religious Significance www.multiculturalcare.org.au

| COMMUNITY | FEAST | DATE |
|--------------------------------|--|--------------------------------------|
| <u>Filipino</u> | Feast of the Black Nazarene | 9 January |
| <u>Filipino</u> | Feast of Santo Niño | January (3rd Sunday) |
| <u>Ukrainian</u> | The Three Holy Hierarchs (St. Basil, St. Gregory, St. John Chrysostom) | 30 January |
| <u>Croatian</u> | Saint Blaise/St Vlaho (Dubrovnik) | 3 February |
| <u>Sudanese/South Sudanese</u> | Saint Josephine Bakhita | 8 February |
| <u>Maronite</u> | Saint Maroun | 9 February |
| <u>Croatian</u> | Blessed Alojzije Stepinac | 10 February |
| <u>French</u> | Our Lady of Lourdes | 11 February |
| <u>Irish</u> | Saint Patrick | 17 March |
| <u>Italian</u> | San Giuseppe (Saint Joseph's Day) | 19 March |
| <u>Melkite</u> | Holy and Glorious Pascha – Fesakh – Hajmeh (on the first Sunday after the ecclesiastical full moon on or after March 21) | March |
| <u>Maronite</u> | Saint Rafqa | 23 March |
| <u>Filipino</u> | San Pedro Calungsod | 2 April |
| <u>Argentinian</u> | San Expedito | 19 April |
| <u>Italian</u> | Three Saints – Alfio, Filadelfo & Cirino | May, 1 st Sunday |
| <u>Czech Republic</u> | Infant Jesus of Prague (or Santo Niño venerated world-wide) | May, 1 st Sunday (or Jan) |
| <u>Chinese</u> | Our Lady of China | May, 2 nd Sunday |
| <u>Portuguese</u> | Our Lady of Fatima | 13 May |
| <u>Italian</u> | Giovanni Battista Scalabrini (Father to the Migrants) | 1 June |
| <u>Ugandan</u> | Feast of Charles Lwanga and Companions (Uganda Martyrs) | 3 June |
| <u>Indian</u> | Saint Thomas, Apostle of India (Syro Malabar) | 3 July |
| <u>Papua New Guinean</u> | Blessed Peter To Rot | 7 July |
| <u>Colombian</u> | Our Lady of Chiquinquirá (patroness) | 9 July |
| <u>Chinese</u> | The 120 Martyrs of China | 9 July |
| <u>Chilean</u> | Santa Teresa de los Andes (born as Juana Fernández Solar) | 13 July |
| <u>Maronite</u> | Saint Charbel | July, 3 rd Sunday |
| <u>Indian</u> | Saint Alphonsa (Syro Malabar) | 28 July |

Feasts and Holy Days 2020 : Catholic Cultural Communities

Visit 'Catholics & Cultures' www.catholicsandcultures.org/

| COMMUNITY | FEAST | DATE |
|----------------------|---|--------------------------------|
| <u>El Salvadoran</u> | The Divine Saviour of the World and Our Lady of Peace | 3 August |
| <u>Australian</u> | Saint Mary of the Cross MacKillop | 8 August |
| <u>Bolivian</u> | Our Lady of Copacabana (patroness) | 5 August (or 2 February) |
| <u>Chilean</u> | San Alberto Hurtado | 18 August |
| <u>Peruvian</u> | Saint Rose of Lima (patroness) | 23 August (or 30 August) |
| <u>Polish</u> | Our Lady of Czestochowa | 26 August |
| <u>Ukrainian</u> | Dormition of the Blessed Mary Mother of God | 28 August (Julian calendar) |
| <u>Albanian</u> | Feast Day of Mother Teresa | 5 September |
| <u>Venezuelan</u> | Our Lady of Coromoto (patroness) | 8 September (or 11 Sep, 2 Feb) |
| <u>Indian</u> | Our Lady of Vailankanni | 8 September |
| <u>Iraqi</u> | Eid Al- Salib (the Feast of Holy Cross) | 13 September |
| <u>Korean</u> | Saint Andrew Kim and Korean Martyrs | 20 September |
| <u>Italian</u> | Padre Pio of Pietrelcina | 23 September |
| <u>Filipino</u> | San Lorenzo Ruiz | 27 September |
| <u>Ukrainian</u> | Protection of the Theotokos (Mother of God) Pokrova | 1 October (Julian calendar) |
| <u>Guatemalan</u> | Our Lady of the Rosary (patroness) | 7 October |
| <u>Brazilian</u> | Our Lady of Aparecida | 12 October |
| <u>Timor Leste</u> | Our Lady of Aitara | 16 October |
| <u>Colombian</u> | Saint Laura Montoya y Upegui | 21 October |
| <u>Peruvian</u> | The Lord of Miracles (patron) | 18, 19 & 28 October |
| <u>Uruguayan</u> | Our Lady of 33 Orientals (patroness) | 9 November |
| <u>Vietnamese</u> | Martyrs of Vietnam | 24 November |
| <u>Rwandan</u> | Our Lady of Kibeho | 28 November |
| <u>Congolese</u> | Blessed Anuarite Nengapata Clementina | 1 December |
| <u>Melkite</u> | Feast of St Barbara | 4 December |
| <u>Albanian</u> | Shen'Kolli i Dimnit (Saint Nicholas of Winter) | (Eve of) 6 December; 9 May |
| <u>Mexican</u> | Our Lady of Guadalupe (patroness, Latin American Brisbane Chaplaincy) | 12 December |
| <u>Paraguayan</u> | Our Lady of the Miracles of Caacupé (patroness) | 8 December |
| <u>Mexican</u> | Saint Juan Diego of Cuauhtlatoatzin (2 nd patron) | 9 December |

Nurturing a Learning Culture

(Continued from page 3)

2. Ask follow-up questions.

These are powerful, it shows you have listened to the person, and that you care enough to ask for more information from them.

3. Preface what you say by noting your unfamiliarity with the subject.

4. Avoid jumping into conversations just to assert your view. Ask others for their views instead. "How do you see this?", "What is your experience?"

5. Arrange informal get-togethers where people can come together to ask questions about each other's backgrounds.

Key messages

1. Approaching conflict with the intention of questioning "why" helps avoid jumping to conclusions.

2. Be aware that some behaviours may be discriminatory and may require counselling, team training or stronger management policies and procedures.

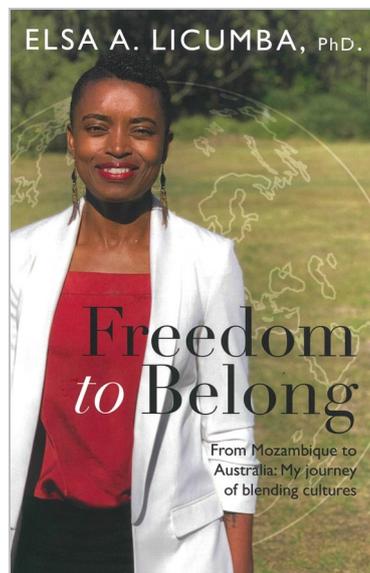
3. Effective questioning is about seeing the issue from many different angles.

4. A deeper understanding of an issue can lead to more effective solutions.

(Source: A Taste of Harmony)

'Freedom to Belong' is a memoir of a Mozambican migrant in Australia. In this book, Elsa explores the emotional and personal aspects of becoming an African immigrant settling in Australia and expresses her journey of cultural transitioning and self-enlightenment driven by questions about her identity and sense of belonging.

For more information, contact CMPC office on (07) 3324 3451.



We Remember a Woman of Wisdom

(Continued from page 4)

"Joan always was a person who welcomes others and made them feel at home. She educated us regarding her culture and the great unique treasure that the Aboriginal and Torres Strait Islander people bring to the whole world. Joan was a true leader who never imposed; she was an excellent listener, with a rich and deep spirituality. With her, many of us learned to appreciate, value, respect and love the land that has welcomed us as part of the Australian society.

"Aunty Joan never stops or gives up on her purpose to ensure Australia grows richer by facilitating unity among its diversity of people and at the same time ensuring that we learn and open our hearts, minds, and eyes and provide guidance for non-aboriginal people to educate us about their culture and richness as well as to promote values with honesty and integrity for all to find better ways to live in harmony. We pay respects to her legacy which will live as part of Australia forever. As an Aboriginal Christian, she will continue to be an



Above: The staff and volunteers of CMPC shared morning tea with Joan in July 2005 when she finished her role as Coordinator of Queensland Churches Together Aboriginal Partnership.

example of how to live as an authentic disciple of Jesus in our context."

* * *

Aunty Joan's passion to advance the cause of Aboriginal and Torres Strait Islander peoples has produced significant outcomes. My encounters with her, however brief and far

between, have definitely contributed to my faith formation as a migrant in this Great Land. I am saddened by her passing, but I rejoice in the fact that her purposeful time on earth brought transformation in the hearts of those who had met her.

Percy Pamo Lawrence
Cultural and Administration Support

